

PLUNGER REGISTRATION

Name: _____
Address: _____
City/Zip: _____
Phone: _____
Email: _____
Shirt Size: _____
Date of Birth: _____

I hope to earn the following:

- \$75 Plunge Shirt
- \$250 Plunge Shirt & Beanie
- \$500 Plunge Shirt & Towel
- \$1000 Plunge Shirt & Fleece Shirt

- Check here if you would like to further support SOND by declining your incentives

- Grand Forks** **Fargo**
(Check Location)

Each Plunger is required to raise a minimum of \$75 to plunge and receive an event shirt

Total Enclosed: \$ _____

Payment: Check (Make Payable to **SOND**)
 Visa Mastercard

Account Number: _____

Expiration Date: _____

Signature: _____

Return payment and form to :

Special Olympics North Dakota

2616 S 26th Street

Grand Forks, ND 58201

WHAT IS A POLAR PLUNGE?

Participants ("Plungers") collect pledges in exchange for jumping into icy waters in winter (in this case "dumpster diving"). It is a unique opportunity for individuals, organizations, and businesses to support Special Olympics North Dakota (SOND). All proceeds benefit the programming for Special Olympics athletes throughout North Dakota.

In order to receive incentives the day of the event registration must be received by **February 22**.

Registrations up to and including the day of event are welcome. Merchandise incentives will be sent after the event. After the deadline date sizes will not be guaranteed.

WHO CAN PARTICIPATE?

ANYONE! Anyone who collects a minimum of \$75 in pledges can plunge and receive a shirt. A waiver must be signed by each Plunger. Plungers under 18 must have a waiver signed by parent/guardian. Participate as an individual or as part of a team from your school, office, church, or organization. Join the fun and be part of the Polar Plunge in

Tentative Schedule

10:00 am Registration Begins
11:00 Plunge begins!

Remember to bring warm clothes to change into and footwear

Prizes will be awarded for best costume and most money raised.

For more information, contact
Special Olympics North Dakota (SOND)
701-746-0331
Email: sond@midconetwork.com

Special Olympics North Dakota
Law Enforcement Torch Run®
March 6, 2010

POLAR PLUNGE

CANAD INNS DESTINATION CENTER
1000 S 42ND STREET
GRAND FORKS, NORTH DAKOTA

APPLEBEES
2350 45TH ST S
FARGO, NORTH DAKOTA



Freezin' for a Reason



